



COASTAL ENDOSCOPY CENTER, LLC

175 Gunning River Road | Building A | Unit 4 | Barnegat, NJ 08005-1436

Tel: (609) 698-0700 Fax: (609) 698-0777



Colonoscopy Prep Procedure Form

Date: ___/___/___

Location: _____

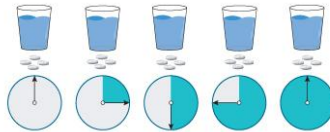
NOTE: Before beginning the following steps, have your prescription for 32 OSMOPREP TABLETS filled at the pharmacy. You must have a driver present when you arrive for your procedure, and you must be driven home. Public transportation or cabs are not adequate.

- 1) The day before your procedure drink clear liquids only for breakfast, lunch and dinner. Clear liquids consists of JELLO, CLEAR BROTH, SODAS, WATER, LEMONADE, GATORADE, AND POPSICLES or any liquid you can see through

***Solid foods, milk or milk products are **not allowed.**

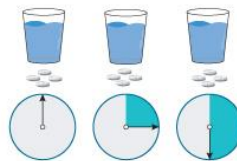
First regimen 3:00pm- the evening before your procedure

- Take 4 tablets with 8 oz of any clear liquid every 15 minutes
- You will take a total of 20 tablets over a 1-hour period



Second regimen 8:00pm

- Take 4 tablets with 8 oz of any clear liquid every 15 minutes
- You will take a total of 12 tablets over a 30-minute period



Diabetics- the day of your endoscopy, check your blood sugar in the AM.

DO NOT TAKE YOUR DIABETIC MEDICINE- you will bring it with you to the facility.

If you are taking medication for **high blood pressure, cardiac, thyroid or seizure medicines** and you take them in the AM, please take by 7:00 AM with just enough water to swallow the pills.

No Painkillers, sedatives or alcohol.