



COASTAL ENDOSCOPY CENTER, LLC

175 Gunning River Road | Building A | Unit 4 | Barnegat, NJ 08005-1436

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HALF LYTELY PREP

(Needs a prescription)

- STEP 1 **MIX SOLUTION:** Take the flavor packet of your choice and pour into Half Lytely bottle. Solution can be made with or without flavor package. Add water to top line. Cap bottle and shake to dissolve.
- STEP 2 **PREP IS THE DAY BEFORE YOUR PROCEDURE, CLEAR FLUIDS ONLY.** You may have Sprite, Slice, 7-up, ginger ale, water, chicken broth (NOT beef), green or yellow jell-o (not red or orange). Drink at least 8oz. of clear fluid every hour.
- STEP 3 2:00 PM, swallow the bisacodyl tablets with water. **DO NOT** chew or crush tablets, take no antacids.
- STEP 4 A watery bowel movement should start within 1 to 6 hours, and then start drinking solution. If no bowel movement occurs, start the drink after 6 hours. Drink one 8oz. glass every 10 minutes until the solution is finished. Bowel movements should continue for 1 to 2 hours after finishing drink.

DIABETICS: Please check with your doctor for managing your blood sugar.

THE DAY OF COLONOSCOPY

Diabetics- the day of your endoscopy, check your blood sugar in the AM.

DO NOT TAKE YOUR DIABETIC MEDICINE- you will bring it with you to the facility.

If you are taking medication for **high blood pressure, cardiac, thyroid or seizure medicines** and you take them in the AM, please take by 7:00 AM with just enough water to swallow the pills.

No Painkillers, sedatives or alcohol