



COASTAL ENDOSCOPY CENTER, LLC

175 Gunning River Road | Building A | Unit 4 | Barnegat, NJ 08005-1436

Tel: (609) 698-0700 Fax: (609) 698-0777

COLYTE COLONOSCOPY PREP

(Needs a prescription)

Take prescription for Colyte to pharmacy and have it filled.

YOUR PREP IS THE DAY BEFORE PROCEDURE

If the doctor is giving you raglan take it ½ hour before drinking Colyte, and take the Dulcolax pills after finishing Colyte.

The morning before your procedure mix Colyte powder with water and refrigerate.

You will be on clear fluids the entire day before your procedure, drink at least 8 oz. of clear fluid every hour. You can have slice, sprite, 7-up ginger ales, green or yellow jell-o (NO red or orange), chicken broth (no beef broth), and water.

3:00 PM THE DAY BEFORE YOUR PROCEDURE

Drink 1 (one) glass of Colyte mixture every 15-20 minutes until finished (about 8:30 PM).

No painkillers, sedatives or alcohol.

DIABETICS: the day of your colonoscopy, check your blood sugar in AM.

DO NOT TAKE YOUR DIABETIC MEDICINE- you will bring it with you to the facility.

If you are taking medication for high blood pressure, cardiac (heart), thyroid or seizure disorder and you take them in the morning, please take by 7:00 AM with just enough water to swallow the pills.

Nothing by mouth 6 hours prior to procedure (this includes water, hard candy and chewing gum), unless instructed by physician or nurse.